

Music Therapy

for Adults w/ Developmental Delays

What is CNNH?

CNNH is an innovative and integrative neurohealth organization that provides diagnostic and treatment services for children, adolescents and adults with neurological, neuropsychological, neuropsychiatric, behavioral, developmental and learning concerns.

What is Music Therapy?

Music Therapy is the clinical and evidenced-based use of music interventions to accomplish personalized goals for individuals within a therapeutic relationship by a board certified music therapist.

For more information please contact:

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Music therapy provides specifically tailored opportunities to develop:

- Language comprehension and functioning
- Appropriate social interaction
- Academic and cognitive functioning
- Motor and sensory integration
- Creativity and self-expression
- An appropriate emotional outlet
- An appropriate leisure skill

A Typical Session:

- May last 30-60 minutes
- Is highly tailored to the participant's individual interests, strengths and needs each week

Individual Sessions-

- May be necessary to address specific needs that are not conducive to group therapy

Group Sessions

- May be necessary to focus on an individuals interpersonal skills and relationship building.
- May be necessary to guide multiple individuals through positive interaction and experiences with others of similar needs.

Musical experiences may include musical improvisation, music listening, song writing, music performance, adapted music lesson, songwriting and recording, movement to music and more!
Treatment is based on individual assessment, treatment planning, and ongoing program evaluation

No musical experience or skill is necessary to participate in music therapy.



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CNNH
The Center for Neurological and
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