



# Music Therapy

## for Speech / Language Development

### What is CNNH?

CNNH is an innovative and integrative neurohealth organization that provides diagnostic and treatment services for children, adolescents and adults with neurological, neuropsychological, neuropsychiatric, behavioral, developmental and learning concerns.

### What is Music Therapy?

Music Therapy is the clinical and evidenced-based use of music interventions to accomplish personalized goals for individuals within a therapeutic relationship by a board certified music therapist.

For more information please contact:

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Music therapy provides specifically tailored opportunities to develop:

- Reciprocal conversational skills
- Expressive language
- Speech volume, clarity, articulation and dexterity
- Functional language/vocabulary and conversational skills
- Requesting, labeling and describing
- Initiation and rate
- Motor planning
- Inflection and pacing of speech
- Phrase length
- Receptive language and auditory perception
- Language comprehension and rate of response
- Academic/cognitive comprehension
- Direction following

### A Typical Session:

- May last 45-60 minutes
- Is highly tailored to the participant's individual interests, strengths and needs each week

### Individual Sessions-

- May be necessary to address specific needs that are not conducive to group therapy

### Group Sessions

- May be necessary to focus on generalizing an individuals interpersonal skills and functional language.
- May be necessary to guide multiple individuals through positive interaction and experiences with others of similar needs

Musical experiences may include neurologic music therapy techniques (ex: rhythmic speech cuing and singing, cloze procedure, etc.), musical improvisation, lyric analysis, music and imagery, music performance, adapted music lesson, songwriting and recording, and more! Treatment is based on individual assessment, treatment planning, and ongoing program evaluation.

No musical experience or skill is necessary to participate in music therapy.

www.CNNH.org • 855-852-8150



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