



Creative Arts Therapy Group Therapies Fall Season 2017



Music Therapy

"Tiny Tunes"

Ages 3-5 | Mondays, 4:30pm

Connecting with peers and utilizing strengths. Age-appropriate social skills, communication, sustained attention through therapist-guided instrument playing, singing, and movement.

"Jam Band"

Ages 13-17 | Tuesdays, 6:00pm

Interactive music-making, social interaction, communication, and forming relationships. Interact in a band-like experience while playing instruments, using vocals, engaging in collaborative compositions and song re-creations.

"Music Mates"

*I: Ages 6-8 | Thursdays, 5:00pm
II: Ages 6-8 | Wednesdays, 7:00pm*

Utilizes instrument-playing, singing, and movement for improved communication skills and appropriate social interactions. Will work together through therapist-guided music-making to connect with peers and express creativity.

**No Music Mates II on 9/27 - Final Session 11/29*

Art Therapy

"Art Power"

Ages 10-12 | Tuesdays, 5:00pm

Exploring 2D and 3D media, such as drawing, designing, and sculpture, in a social setting geared towards developing social skills and improving confidence. Individual and group components will be the basis for each session.

"Art Explorers"

Ages 6-9 | Fridays, 4:15pm

Encouraging age-appropriate social skills in a peer-mediated environment, with participants discovering art media, developing problem-solving abilities, and having healthy interactions.

Dance Therapy

"Bloom Together"

*I: Ages 4-6 | Thursdays, 5:00pm
II: Ages 8-10 | Thursdays, 6:30pm*

Creative movement, play, and mindfulness techniques form the basis of this social skills group. Children develop cooperation skills, self-regulation tools, and increased self-awareness.

"DREAM Girls"

Ages 5-7 | Fridays, 5:00pm

Creative yet structured movement activities, mindfulness exercises, obstacle building, and collaborative dance-making in a safe environment to promote self-awareness, social skills and general expression.

D evelop. R eveal. E xplore. A nd. M ove.

Visit our website to inquire...

<https://cnnh.org/inquire-CAT>



Amanda Zorzi, MT-BC
Board Certified Music Therapist



Alexandra Back, MA, ATR
Registered Art Therapist



Kim Kaplan, MS, R-DMT, R-YT
Registered Dance/Movement Therapist

10 Session Cycle
Week of Sept 11 -
Week of Nov 13

CNNH - Voorhees
2050 Voorhees Town Center
Voorhees, NJ 08043

\$400 for 10 Sessions
*10% Prompt Pay Discount

Individual Therapy
Sessions Available!

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