



# Neuropsychology Services

Neuropsychological evaluations are key in helping determine the specific impact of a neurobehavioral condition on development and learning. Evaluations provide guidelines for health care professionals and educators towards the establishment of objective markers for progress tracking and treatment planning.



## Evaluations

### → Gathering the Evidence

A CNNH Neuropsychologist can measure for:

- Visual, Auditory, Tactile, and Kinesthetic Sensation
- Attention, Information Processing, and Memory
- Language, Verbal Reasoning, Visual Analysis, Spatial Awareness, and Visual-Motor Integration
- Motor Planning, Motor Coordination, and Social / Emotional Functioning
- Ideational Planning, Problem Solving, Inhibition, Flexibility, Mood, and Self-Management
- Intelligence, Aptitude, Creativity, and Academic Achievement

### → Diagnostic and Evaluative Assessments

A CNNH Neuropsychologist can determine if a child has a known neurobehavioral, neurological, or neurocognitive disorder as well as its severity and impact. Specific intervention strategies can then be formulated and recommended. Having a definitive neuropsychological report is invaluable for successful educational intervention planning, remedial intervention planning, life-care planning, family counseling, behavioral intervention planning, and individual counseling.

## Treatments

### → Cognitive Rehabilitation / Remediation

A CNNH Neuropsychologist can develop individually tailored learning strategies, built on cognitive strengths, to improve performance in everyday life - at school, work, and the home. The individual will be educated on their strengths and weaknesses, and along with their family, will receive guidance on the appropriate strategies and supports.

### → Cognitive Behavioral Therapy (CBT)

A CNNH Neuropsychologist can utilize CBT to help an individual change their thoughts and behaviors. "Dysfunctional" thoughts are decreased by increasing self awareness in a more realistic, adaptive, and positive manner. New coping skills will help with everyday stressors, communication, and problem solving. Families will learn how to facilitate changes in behavior through structuring/modifying the individual's environment.

### → Other Treatments

Many disorders with a neuropsychological component can be treated successfully through programs with CNNH Behavior Analysts or CNNH Music, Dance, and Art Therapists.

## What is Neuropsychology?

Neuropsychology is a specialty within the field of psychology focusing on the relationship between psychological functioning and the functioning of the brain. Unlike many other areas of psychology, the research and clinical core of neuropsychology is concerned with the health and development of the brain.

## What is CNNH?

CNNH's innovative and integrative Specialty Care Medical Home® model of care provides diagnostic and treatment services for children, adolescents, and adults with neurological, neuropsychological, neuropsychiatric, behavioral, developmental, and learning concerns.

Our Neurologists, Neuropsychologists, Behavior Analysts, and Creative Arts Therapists work together, all under one roof. Weekly interdisciplinary meetings allow our clinicians to share expertise and experience, for accurate diagnoses and personalized treatment plans.

*"The staff at CNNH are unparalleled in their professionalism and passion to see our children succeed. It's a rare organization that can boast of such dynamic clinicians and diverse services!"*

- Jacqui E., mother of son with autism

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# CNNH

NeuroHealth